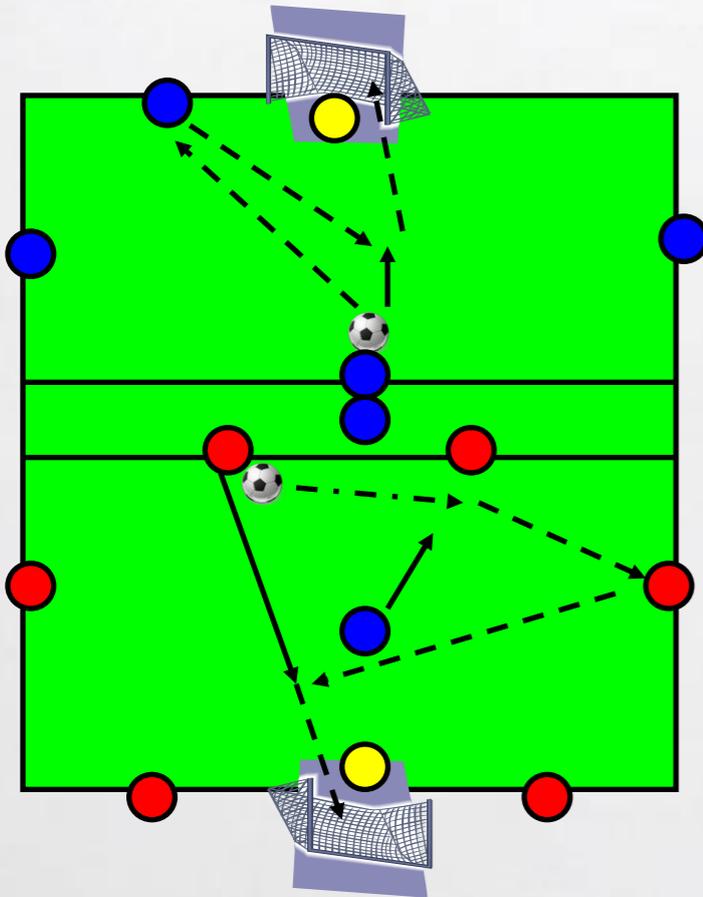


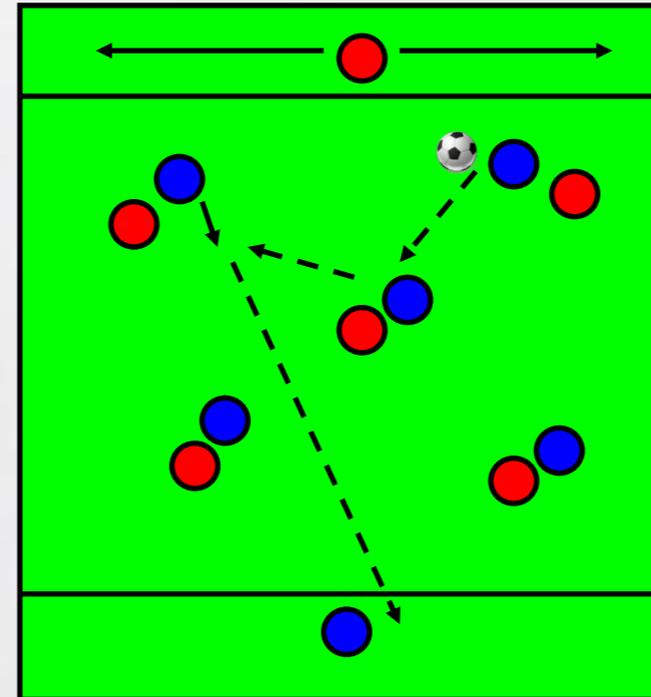


Coaching Games to Help Players Learn



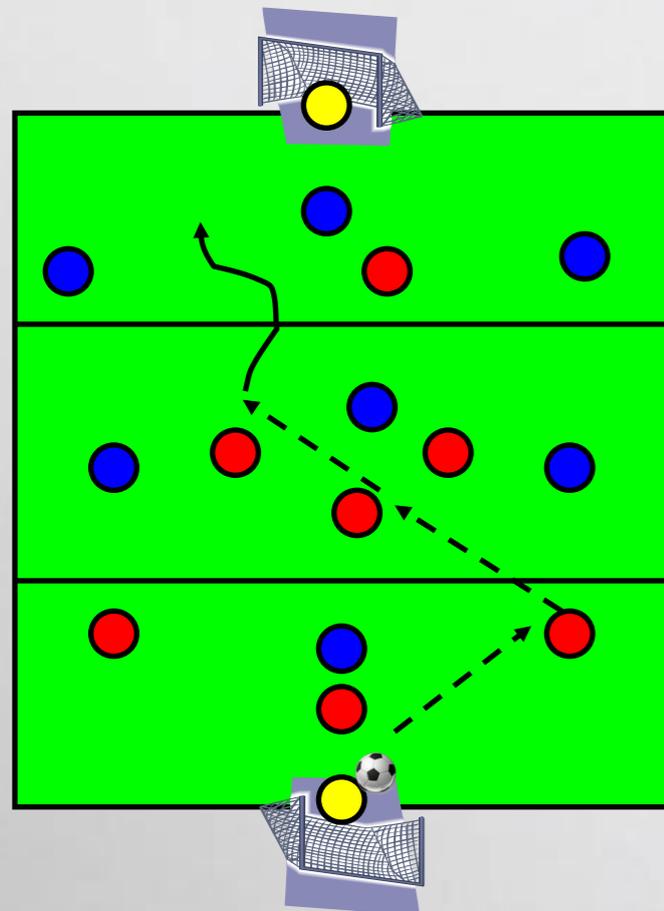
1. Finishing

1. Pass to a player on the outside, receive back and score
2. Add defender & play 2 vs.1
3. Receiving players on outside can join the game (passer replaces them)



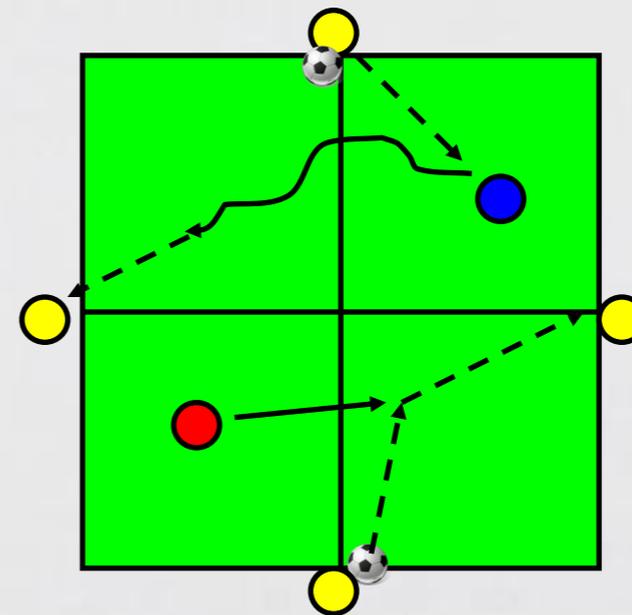
2. Through Passes

1. Game. Numbers to suit who turns up – can be imbalanced
2. Try to pass through to target player in end zone who can moved side to side
3. End zone players join game. Try to run into end zone to receive – offside applies in end zone



3. Changing Tempo

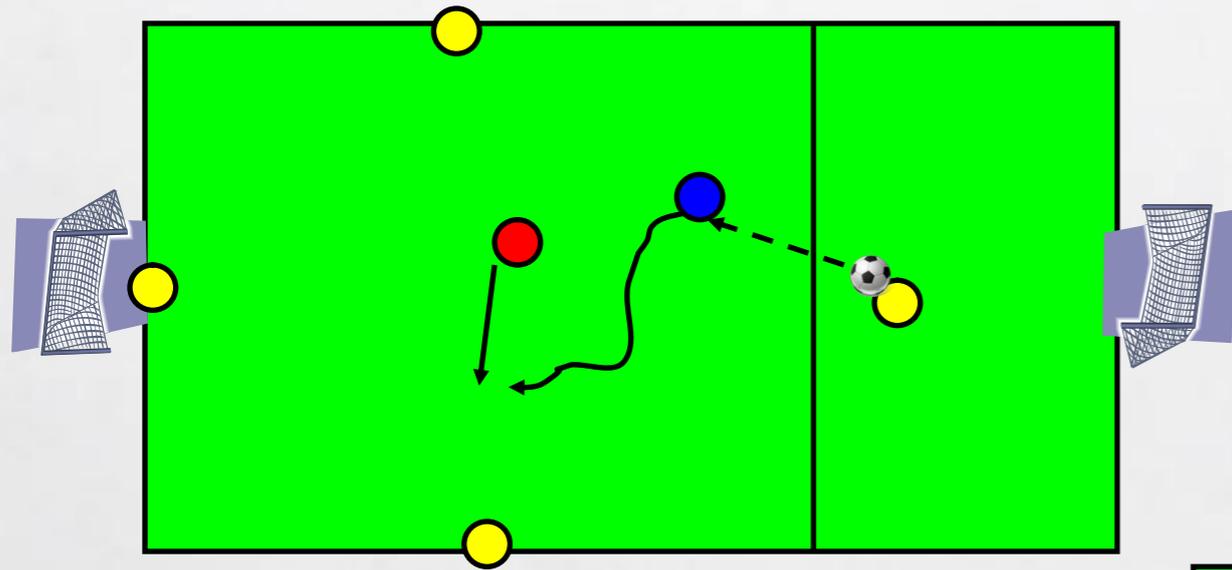
1. Thirds game. 1-3-3-1 formation
2. If passing, can only play into next third if played first time
3. Recognise when to go forward, when to maintain possession



4. Feet or Space?

1. 2 players in the grids – receive from outside, play to available player
2. Try not to pass it from the same grid that you started in
3. Sometimes, receive to feet and move the ball, other times move off of the ball to receive
4. Play 1 vs. 1

Defending



1 vs. 1?

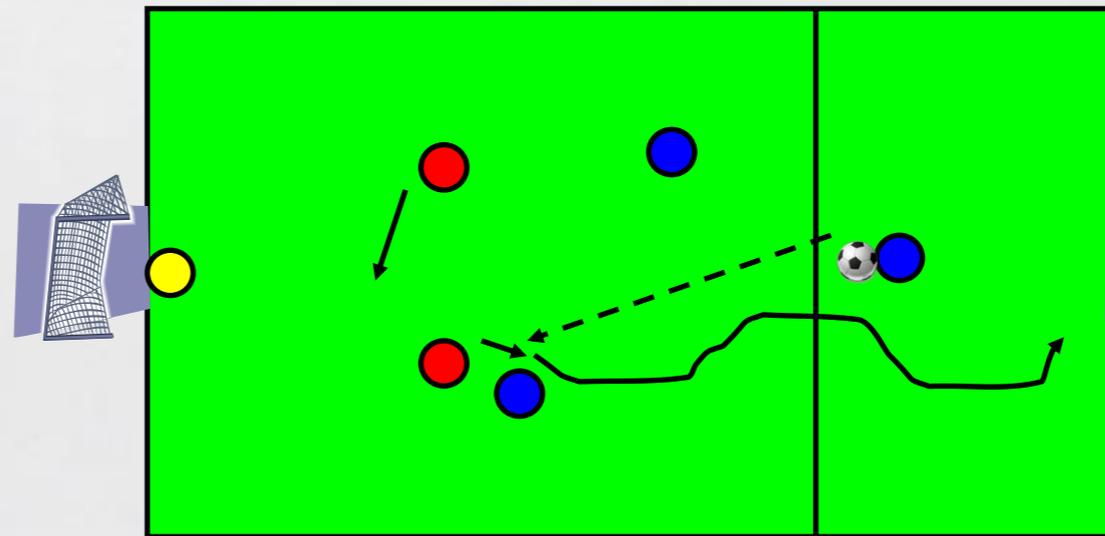
- Server plays into attacker who attempts to beat red and score in goal
- If Red can get ball to server, server runs ball onto pitch and attacks defender
- If attacker scores without using support players (yellows), 3 goals. If attacker uses support to score, 1 goal is scored.



The FA Group

2 vs. 2?

1. Deep lying player plays in to blues who attack to score past GK
2. If Red's regain, break into deep lying players zone and score in goal (blues cannot retreat into deep lying players zone)
3. Progress by allowing deep lying player to join in and play 3 vs. 2



Back Four

1. Four vs. three + GK in defensive third of the pitch & 3 vs. 2 in midfield
2. Red's trying to defend goal and break into middle area and score into goal
3. Try to keep at least one of your team in midfield area
4. Encourage general flow of game to allow realistic situations to occur

