

St Albans City Youth Football Club

has a thriving Girls section and is looking for new players. If you are of School age and would like to be part of the biggest and fastest growing Girls sport in England then contact us now.

Girls Section contacts

Club Secretary

Ian Woods

01727 857458

Under 15's Jasmine Ladd

01727 846146

Under 14's Ian Jardine

01727 867982

Under 13's John Shaw

01727 760003

Under 12's Rob Vermuelen

01727 762104

Under 11's Rob Vermuelen

01727 762104

or Email us at

info@cityyouthfc.com



**ST ALBANS CITY
YOUTH FOOTBALL
CLUB**
WWW.CITYYOUTHFC.COM

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YOUTH FOOTBALL
CLUB**

Girls Football



Come and join

St Albans City Youth FC

CITY YOUTH GIRLS

Football is now officially the biggest girls' and women's sport in England - and it's also the most exciting game at that! Research has shown that girls who want to play sport, want to play football, but just because you didn't play when you were young doesn't mean that you can't enjoy the opportunity now. Or it may be that you've played in the past and you're unsure about getting back into the game.

There are over 800 women's teams across England, playing 11-a-side competitive football every week throughout the August-May season. As well as helping you to become fit and healthy, you can enjoy participating in a competitive team atmosphere and make some good friends along the way.



The rules are simple, the game is fun and how good a player you could be

will depend on how much you practice but one session with a qualified coach will put you on the right track.



And it's cheap to get involved too - one of the reasons why football is enjoyed around the world is because the equipment needed is so basic. You will need football boots and shinpads.

St Albans City Youth Football Club

FA Charter Standard
Community Club
Registered Charity No1089343



For the younger girls interested in football there is also the City Youth Girls and Boys Saturday Morning Soccer School for the under 9's and 8's held every week during the season at Highfield Park between 10.00 – 12.00.

Contact Ian Woods on 01727 857458 for details.

**Hertfordshire FA Charter Standard
Community Club of the Year 2005**

**Football Association Regional
Community Club of the Year 2003**

**Hertfordshire FA Charter Standard
Community Club of the Year 2003**

**Hertfordshire FA Charter Standard
Development Club of the Year 2002**

