

St Albans City Youth Football Club has just started a Disabled Football Section. Today, there are more and more clubs and organizations providing quality coaching and regular competitive football than ever before. The creation of regional FA coaching centers and Ability Counts leagues have developed much clearer pathways for elite players who aspire to play for the England disability squads. Organizations such as Mencap, Special Olympics and Paralympics, as well as Ability Counts clubs are also ensuring that players with similar ambitions are given the opportunity to play at regional, national or international level. (Regardless of ability).

**Disabled Section contacts**

Club Secretary  
Ian Woods  
01727 857458

Disability Development  
Officer Daniel Rogers  
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Or Email us at  
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**ST ALBANS CITY  
YOUTH FOOTBALL  
CLUB**  
[WWW.CITYYOUTHFC.COM](http://WWW.CITYYOUTHFC.COM)

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**ST ALBANS CITY  
YOUTH FOOTBALL  
CLUB**

*Disabled Football*



*Come and join*

*St Albans City Youth FC*

# CITY YOUTH DISABLED FC

Welcome to the new Disability Section. My name is Daniel Rogers and I am the Disability Development Officer at St.Albans City Youth. Being disabled myself with cerebral palsy; I know how hard it can be to get into football especially at school age. My aim is to help more young disabled people into football and to enjoy them self's. The long-term aim is to get teams to play on regular bases in the Multi Disabled Football League. There are 85 Disabled Teams in the UK. Because of the wide range of disability's they have to be split up into - Amputee Football, Blind Football, Corbel palsy football, deaf football, learning disability's, pan disability football. There are also National Teams in place, In April I went to Geneva to play football for England Gateway in the 2005 European Championship



The rules are simple, the game is fun and how good a player you could be will depend on how much you practice

but one session with a qualified coach will put you on the right track.



And it's cheap to get involved too - one of the reasons why football is enjoyed around the world is because the equipment needed is so basic. You will need football boots and shin pads.

## St Albans City Youth Football Club

FA Charter Standard  
Community Club  
Registered Charity No1089343



For the younger players interested in football there is also the City Youth Girls and Boys Saturday Morning Soccer School for the under 9's and 8's held every week during the season at Highfield Park between 10.00 – 12.00.

Contact Ian Woods on 01727 857458 for details.

**Hertfordshire FA Charter Standard  
Community Club of the Year 2005**

**Football Association Regional  
Community Club of the Year 2003**

**Hertfordshire FA Charter Standard  
Community Club of the Year 2003**

**Hertfordshire FA Charter Standard  
Development Club of the Year 2002**

